

# Aging Unit of Iron County

## SEPTEMBER 2017



### MENU HAPPENINGS

Hurley 561-2108 M-F	Iron Belt 561-2091 Thursday	Mercer 476-2113 or 1-800-950-8744 Tuesday-Thursday	Saxon 893-2333 Monday-Wednesday	Springstead - Wednesday 476-2113 or 1-800-950-8744
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	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
PLEASE MAKE RESERVATIONS 24 HOURS IN ADVANCE					1  Chili Corn Muffins	1
3	4  CLOSED	5  <i>Chef's Choice</i> Stuffed Pork Loin Wild Rice  Card Games	6  Ring Bologna Mac & Cheese  Bingo	7  Pasty Pie	8  Lemon Chicken Twiced Baked	9
10	11  Ricotta Stuffed Shells W/ Meat Sauce	12  <i>Party</i> Sloppy Joes Wedge Fries  Card Games	13  Oven Roasted Chicken Mashed Potatoes  Bingo	14  Beer Batter Cod Sweet Potato Fries	15  Turkey Avocado Bacon Wrap Tomato Pie	16
17	18  Swedish Meatballs Egg Noodles	19  Chicken Pot Pie  Card Games	20  Roast Beef Mashed Potatoes  Bingo	21  Polish Sausage Saurekraut Spaetzle	22  Tuna Noodle Casserole	23
24	25  Meat Loaf Baked Potatoes	26  Pork Stir Fry Rice Egg Rolls  Card Games	27  Beef Tips Over Polenta  Bingo	28  Ham Winter Moon Blend	29  Pizza	Vegetable, Fruit / Salad, Dessert Bread & Milk Included with every meal

This menu has been approved by Anna Mooi: Registered Dietician

\* Items may be changed without notice. All substituted items meet or exceed USDA standards for RDA.